NEW TERM: COVID AND TESTING REGULATIONS ISSUED BY THE UK DEPARTMENT FOR EDUCATION AND THE LONDON BOROUGH OF TOWER HAMLETS

Please see the following guidance:

1. <a href="https://www.gov.uk/government/news/self-isolation-removed-for-double-jabbed-close-contacts-from-16-august">https://www.gov.uk/government/news/self-isolation-removed-for-double-jabbed-close-contacts-from-16-august</a>

Instead of self-isolating, those who are double jabbed and under 18 years & 6 months identified as close contacts of positive coronavirus (COVID-19) cases are advised to get PCR test as soon as possible.

So anyone identified as a contact, who is not fully vaccinated(double jabbed) over 18 and 6 month will need to self-isolate and get a PCR test.

Anyone who tests positive following the PCR test will still be legally required to self-isolate, irrespective of their vaccination status or age in order to break onward chains of transmission.

Also attached is the guidance which refers to contacts that live in the same household

2. <a href="www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection#exempt">www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-

From 16 August, you will not be required to self-isolate, including if you live in the same household as someone with COVID-19 and any of the following apply:

- you are fully vaccinated
- you are below the age of 18 years 6 months
- you have taken part in or are currently part of an approved COVID-19 vaccine trial
- you are not able to get vaccinated for medical reasons

Instead of self-isolating, those who are double jabbed and under 18 years & 6 months identified as close contacts of positive coronavirus (COVID-19) cases are advised to get PCR test as soon as possible.

Its also important to remind staff and students:

Even if you are fully vaccinated, they can still be infected with COVID-19 and pass it on to others. If they are identified as a contact of someone with COVID-19 but are not required to self-isolate, they can help protect others by following the guidance on how to stay safe and help prevent the spread. As well as getting a PCR test, they could also consider:

- limiting close contact with other people outside your household, especially in enclosed spaces
- wearing a face covering in enclosed spaces and where you are unable to maintain social distancing
- limiting contact with anyone who is clinically extremely vulnerable
- taking part in twice weekly LFD testing

Thanks Sukhjit

Sukhjit Sanghera Young Adults Programme Lead Public Health Directorate of Health, Adults and Communities London Borough of Tower Hamlets 4<sup>th</sup> Floor Mulberry Place, 5 Clove Crescent, E14 2BG